



# ROSSMOOR ROTARY NEWS



**President:** Sue A      **Address:** PO Box 2177, Walnut Creek CA 94595      D5160 Club 461

**Notes:** Anne H

April 10, 2024

**Club Website:** [www.rossmoorrotary.org](http://www.rossmoorrotary.org)

**District Website:** [www.rotary5160.org](http://www.rotary5160.org)

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## MEETING NOTES: 04/10/24

**Call to Order:** The meeting was called to order by President Sue at 12:30 pm. The pledge of Allegiance was led by David B. The National Anthem was led by the Naval Air Station Honor Guard.

**Guests and Visiting Rotarians:** Brian D. from Lafayette Sunrise

**Thought for the Day:** Peter V.S. spoke to us about diversity. The camel has two humps, but can outlast other animals in the desert. We all have humps of some sort that make us different, and we should embrace our differences.

**Happy Dollars:** David B, "let it go for food relief"; Jim O, is happy he will be babysitting his 6 month old grandchild periodically for 6 months; Bill is just happy; Patrice is happy she went to the S.F. Ballet last night; Peter V. S. is happy; Eddie is happy he watched the eclipse Monday; Irv is happy Stan gave him a backpack; and Kathy is happy Pete was 3<sup>rd</sup> in his singing competition, the food cause is near and dear to her, and they have been remodeling their home.

## ANNOUNCEMENTS

Sue said the BOD agreed to have a stand near the Farmer's Market one Friday a month to showcase Rotary. Kathy Sherwood agreed to see to the staffing of the stand. This will start after May 17.

Carolyn said the five Rotarians going to the District Conference should attempt to car pool.

Raffle- Pete S. won wine, coffee or yogurt, as did Peter V.S

## PROGRAM

Dawn Manley of the Food Bank of Contra Costa County and Solano County spoke to us about the Food Bank. The Food Bank was started with a mission to end hunger and to provide service to neighbors in need. It started just collecting food and distributing to the needy. It has grown to serve 465,000 people each month.

Food Bank works first in partnership with 260 other agencies: shelters, churches, government, etc. It also does food rescue with grocery stores, restaurants, etc. They had grocery recovery of 12 million pounds last year.

Second is their Distribution: They have trucks going to 362 different locations for fresh, healthy food. They provide 3.4 million meals each month. The third part of their program is advocacy and awareness. They let the public know of the need, and appeal for volunteers and donations. They also have a 6 week course helping people who have benefited from these services to learn to tell their stories to the public and elected officials.

Who is at risk for food insecurity? Your neighbors. It can happen to anyone. The Food Bank gave 40 million pounds of food last year, fresh, healthy food. Where do they get their food? 53% is purchased, in bulk, to provide for the set menus of healthy meals. 25% comes from food drives; and 25% from USDA programs.

Food Bank has two large warehouses where food is stored and sorted. The Concord warehouse is 35,000 sq. ft. The Fairfield warehouse is 100,000 sq. ft. It is the West Coast Hub Disaster Relief Center. They store disaster preparedness food. They shipped to Maui after the fire.

The Food Bank funding is 65% individual contributions. They can get 2 meals out of every \$ donated. But food drives are needed too, to get variety in the diet. They stress donations, volunteers, and advocacy.

## UPCOMING EVENTS

April 17	10:30 RRF Trustee Meeting
April 17	Member Bios
April 24	Member Bios
May 1	Sgt. Kyle Baker, Pittsburg PD – Human Trafficking